

Registration (Please print clearly!)

NAME AND PROFESSIONAL TITLE

HOME ADDRESS

CITY---STATE---ZIP

EMPLOYER

DAYTIME AND EMERGENCY PHONE

EMAIL: CONFIRMATION AND UPDATES

Cost of the class is \$350
A 100 page Manual is included in the seminar price

Call
(719) 576-7668 for more information.

Use Pay Pal to register online at:
www.braintransformations.com

Or

Mail to: Rebecca Kennard
37 Minden Circle
Colorado Springs, CO 80906

Registration is a first come first serve basis so early registration is recommended. For cancellations 30 days prior to the course date there will be no charge. For cancellations 10-29 days prior to the course date there will be a 5% service charge. We cannot accept cancellations less than 10 days before the course date. If Transformations cancels the course, a full refund will be issued.

TRANSFORMATIONS

FOR CHILDREN & ADULTS

37 Minden Circle
Colorado Springs, CO 80906
rackennard@usa.net
(719) 576-7668

Rebecca Kennard, is the founder of Transformations. She has been in private practice with BIT since 1991 working individually with 10-15 children and adults per week. She also conducts seminars on a regular basis at which parents and professionals alike learn how to alleviate the detrimental effects of learning disabilities. Becky has a BS in English from Colorado State University Pueblo. She received initial training in BIT from Dianne Craft MA, CNHP of Littleton, CO. Since that time Becky's passion for research and development have brought additional changes and improvements to the process. The use of the Acuspark is her innovation and has greatly improved the efficacy and permanence of the therapy.

Check out my Web Site at
www.braintransformations.com

Life Transforming Help for Struggling Learners
BRAIN INTEGRATION I
16-hour Hands-on Workshop

Friday and Saturday

9am to 6pm each day

Hampton Inn- I-25 South
Colorado Springs, CO

Rebecca Kennard
Transformation Specialist

This evidence-based therapy improves executive functions and sensory integration in both children and adults struggling with learning disabilities such as Dyslexia, Dysgraphia, ADD/ADHD, TBI, CVA, PDD and CP.

Who should attend?
OT, COTA, PT, PTA, SLP
Vision Therapists, Speech Therapists,
Classroom Teachers,
Special Education Teachers,
Paraprofessionals and Parents

COURSE OBJECTIVES

Upon completion participants will be able to:

1. Articulate the basic theory behind BIT Therapy using brain diagrams.
2. Explain to clients in simple terms how the interaction of mind and body can profoundly influence the brain's ability to receive and process information efficiently and effectively.
3. Identify several characteristics of Visual, Auditory & Kinesthetic learning difficulties.
4. Demonstrate proficiency in exercises taught in class.
5. Understand the role that the fight or flight response plays in learning disabilities.
6. Demonstrate proficiency in testing with Kinesiology.
7. Demonstrate proficiency in Repatterning a partner in class using the techniques taught.
8. Understand contraindications for use of the techniques.
9. Utilize the Manual (100 pages) provided in course & its bibliography for further study.
10. Understand how to make their classrooms more brain friendly.

The basic premise of this class is that physical activity that crosses the midline of the body has the capacity to teach the brain to function optimally. Brain Integration Exercises and Repatterning can permanently change the way the brain processes information and significantly improve therapy outcomes. Participants will learn powerful tools through a mixture of lecture, demonstration and hands on application to help remediate learning disabilities not just teach people how to cope with their problems.

THE WHOLE BRAIN IS NECESSARY

Brain Research shows that different brain functions reside in different parts of the brain. In

order to read, a person must use the left side of the brain to sound out words and analyze thoughts. Then he must use the right side of the brain to remember sight words and visualize what the author is describing. When both sides work separately on the material, reading becomes a struggle rather than an automatic activity. Physical activity helps the two sides of the brain to work together simultaneously.

CLASS AGENDA

Day 1---9am to Noon

Registration: 7:30 am

Brain Theory-LD Characteristics-Exercises

- A. Bobby's Story---The destructive implications of Learning Disabilities.
- B. General Brain Organization Introduction
- C. Right Brain/Left Brain Theory
- D. Dyslexic Brain Function and Learning Disabilities
 1. Identifying Visual Issues
Exercises to remediate--- guided practice
 2. Identifying Auditory Issues
Exercises to remediate---guided practice
 3. Identifying Kinesthetic Issues
Brain Dominance Profile
Exercises to remediate---guided practice

Day 1--1pm to 6pm

Repatterning-Changing Inefficient Processing

- A. Brain Theory---The Development of Repatterning
 1. Using the eyes to access the brain
 2. New Developments
- B. Simple Repatterning for Preschoolers
 1. How to pick an activity
 2. Demonstration
 3. Guided Practice
- C. Muscle Checking--Using the body to provide biofeedback for the brain.
 1. Theory and Technique
 2. Guided Practice in Muscle Checking

- D. Repatterning older children using Muscle Checking
 1. Demonstration
 2. Guided Practice with a partner
 3. Switch partners and do it again

Day 2---9am to Noon Repatterning for Laterality Acuspark Repatterning Demonstration

- A. Repatterning for Lateral Brain Integration
 1. Flow Chart
 2. Including the optional elements for Visual Auditory and Kinesthetic Integration
 3. How to include remediation activities
 - a. Demonstration
 - b. Guided Practice with a partner
 - c. Switch and do it again
 - d. Questions
- B. Demonstration: Advanced Repatterning using the Acuspark and Contact Reflex Analysis.
- C. Questions and Answers

Day 2---1pm to 6pm The Three Dimensional Brain Dealing with the Fight or Flight Response

- A. Information Retrieval and Emotional Grounding
- B. Dealing with the Fight or Flight Response
 1. Five exercises to release Fight or Flight
 2. Demonstration
 3. Guided Practice
- C. Health Issues and Brain Integration
Book Recommendations and discussion of ear infections and other chronic illness, the overuse of antibiotics and yeast related issues, thyroid problems, blood sugar issues, allergies and natural alternatives for ADD/ADHD.
- D. Demonstrate all the Repatterning Activities
- E. Reframing Language to Change Behavior
- F. Certificates and Final Questions